

ZZZ

5 drops Lemon
5 drops Lavender
5 drops Peppermint
5 drops Copaiba
fill half full with carrier oil

Breathe Again

5 drops Peppermint
5 drops Lavender
5 drops Lemon
5 drops RC
fill half full with carrier oil

Lady Aches

5 drops Lavender
5 Peppermint
10 Pan Away
fill half full with carrier oil

Immune Boost

10 drops Thieves
fill half full with carrier oil

Clear Head

5 drops Frankincense
5 drops Lavender
5 drops Peppermint
fill half full with carrier oil

Tummy Trouble

10 drops Peppermint
3 drops DiGize
fill half full with carrier oil

Owie Blend

5 drops Lavender
5 drops Frankincense
fill half full with carrier oil